

CLEVELAND COUNTY WELLNESS COMMITTEE

MINUTES

FRIDAY, DECEMBER 29, 2017

9:00 a.m.

The regularly scheduled meeting of the Cleveland County Wellness Committee was called to order this 29th day of December 2017 in the conference room at 122 E. Eufaula Street by Chairman Rod Cleveland. Roll was called by Tammy Belinson, County Clerk/Secretary:

Those present were: Rod Cleveland, Tammy Belinson, Douglas Warr, Jacob McHughes, Leann Clements, Alison Vinson, Brian Wint, Bryan Jenkins, Brenda Hill and George Mauldin.

Those absent were: John Roberts, Carrie Welles, Jamie Roye, Christina Newburg and Bryant Rains.

Ex-officio members present: Linda Atkins, Angela Mead, Jennifer Slawson, Meredith Rowland, NP, and Tony Terrill.

After the reading of the minutes of the Regular meeting of **September 29, 2017** and there being no additions or corrections, Brian Wint moved, seconded by Alison Vinson, that the minutes be **approved**.

The ayes have it and the motion is carried.

A. Items of Business:

1. Jacob McHughes updated on **Certified Healthy Application and Policy for Aley Cristelli with TSET**. He said that they are both working on it and they have the application in. Some funding is coming, but does not know how substantial it is at this time.
2. Chairman Rod Cleveland updated on proposed **Community Garden** by saying that he had a meeting with the master gardeners to talk about sitting up some demo beds. Finding the best location for the garden is still ongoing and a meeting is scheduled for January 4, 2018 for further discussions on demo beds.
3. Alison Vinson, HR, updated on **health and wellness** matters for county employees. She discussed an article she recently read that talked about shifting the focus in 2018 from Physical Wellness to overall well-being and added that there is a software program to help promote employee financial wellness if there is an interest.

4. A general discussion was had on the **County Wellness Gym Facility**. Tony Terrell said that he will provide a report on the Gym Facility at the next meeting. Chairman Cleveland said that he is seeing new people at the gym all the time. Bryan Wint said a few gym members have complained that people are not putting equipment away once it is used. He recommended sending a memo to remind members to put equipment back for the next person.
5. George Mauldin, **Emergency Management Director**, discussed Wellness Committee issues. He discussed how well his opioid abuse presentations are being received.
6. Meredith Rowland, NP, said the **Employee Health Clinic**, is moving on Main Street to a good location with easier access.

B. There was no **new business** to present at this time.

C. No **Wellness Committee Members** discussion regarding **Business** at this time other than Secretary Tammy Belinson stated that she will prepare a report to the Board of County Commissioners from the Wellness Committee according to State Statute in the month of January 2018. She will make a summary of everything that this committee has discussed in the meetings for 2017 along with some statistics.

D. There being no further business to come before the Board, Tammy Belinson moved that the meeting be **adjourned** at 9:29 A.M. Jacob McHughes seconded the motion. The ayes have it and the motion is carried.

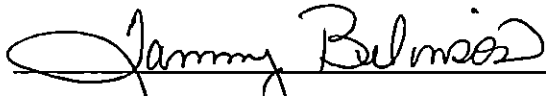
(Clerk's Note: Agenda was posted on December 27, 2017 at 8:15 AM)

Cleveland County Wellness Committee
CLEVELAND COUNTY, OKLAHOMA



Rod Cleveland, Chairman

ATTEST:



Tammy Belinson, County Clerk and Secretary to the Board

Minutes Prepared by: 

Deputy County Clerk.

